

Healing Touch Journey

presents

Journey to Joy

“Life is about growth, growth is about becoming more, and becoming more is about moving into Self- with the joy of living the Journey. Serving from our hearts with the consciousness of an undivided authentic Self. Working each day knowing that you are moving in your heart's wisdom.”
 Jeffrey

Lynne

Where: Convention Center/111 Sierra Blanca Dr., Ruidoso, NM 88345

Register for class by calling/Lynne Jeffrey 505-354-3424/505-973-1073

Lodging: The Lodge at Sierra Blanca/107 Sierra Blanca Dr., Ruidoso, Nm 88345/ with registration for Journey to Joy/ 505-258-5500 /866-211-7727

Time: 8hrs on Saturdays every month for 9 months, 9-6 each day. **Cost:** \$1350.00

(Meals and lodging on own) **Attire:** comfortable and casual.

Audience: Any and all healthcare workers, providers, and interested folks.

CE credit: 69 CE possible "Application for approval of continuing nursing education contact hours has been submitted to the American Holistic Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation."

Instructor/ Mentor: Lynne Jeffrey BSN, RN, HNC, CHTP/I has been teaching and speaking on Holistic Health since 1982. Her teaching style is one of heart-centered caring providing the opportunity for the student to have unique tools to self-heal. Lynne also teaches the first three levels of Healing Touch and speaks to groups locally and nationally. Lynne is in private practice with many tools to help others self-heal. The timing of this program allows the student to practice their tools and walk through their healing with a partner being mentored and mentoring with a trust that develops over time.

Visiting Instructor: Zoe deNegri BA has worked extensively with Shaman Sandra Ingerman and has been teaching journeying to audiences in the SW-US and Alaska. Journeying helps the student find their inner voice. Zoe has lived and trained in West Africa, London, New York, Minnesota, and New Mexico. Zoe is currently in a private healing practice, she is an artist and silver jeweler, and her expertise includes many other tools that may be accessed by the student.

“Journey to Joy” Schedule

October 6, 2007 “Wishing, Hoping, and Intending

*****Bring your favorite magazines to class if you are**

willing to cut them up.

November 3, 2007 “Strength, Courage, and Endurance”

December 8, 2007 “Touching Spirit and Becoming”

January 5, 2008 “Heart-Centered Caring”

February 2, 2008 “Awareness, Trust, and Forgiving”

March 1, 2008 “Presence, Joining, and Energy”

April 5, 2008 “Compassion, Wholeness, and Beauty”

May 3, 2008 “Knowing and Service”

June 7, 2008 “Conscious Creating”

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****** Classes will be recorded at each session. Please sign permission to be recorded. If you have to miss a class please make**

sure that you have listened to the last class CD before coming to the next class. You can receive this by mail, as a loan, or by requesting it from HT Journey at 505-354-3424. If you would like a set of CD's of the class they may be purchased from HT Journey. These CD's will only be available to those who have taken the class and cannot --without permission from students and HT Journey- be used in any other format.

CE's (upon approval) will only be awarded at the end of the program with a Certificate of Completion.

Mentoring will be offered to all students at no charge for the full 9 month program. This may be done by phone or electronically. Healing sessions by your mentor will be charged at the regular rate. All requested sessions to see a visiting instructor will be charged their regular fee.

Approval for contact hours through the AHNA is based on the assessment of the educational merit of this program and does not constitute endorsement of the use of any specific modality in the care of clients.